



GuidanceResources®

Planning Elder Care

Finding the right care for elderly parents and other loved ones can be a struggle, both financially and emotionally. Your ComPsych® GuidanceResources® Employee Assistance Program can help ease the burden and guide you through your decision-making process.

Our experienced clinicians, financial experts and staff attorneys offer confidential counseling, planning tools and other resources to address any issues you may have. These services are provided at no cost to you and your household members and are available 24 hours a day, seven days a week online or by calling a toll-free line.

Call anytime for concerns such as:

- Finding assisted living
- Long-term care insurance
- Paying for elder care
- Coping with stress
- Balancing work and family



EMPLOYEE
ASSISTANCE
PROGRAM

 ComPsych



24/7 Live Assistance:
Call: 844.506.5374
TRS: Dial 711



Online: guidanceresources.com
App: GuidanceNowSM
Web ID: MontanaEAP

