COVID-19 Symptom Self-Check List*

Symptom | Contacts	Yes	No
Fever or chills		
Cough		
Shortness of breath or difficulty breathing		
Fatigue		
Muscle or body aches		
Headache		
New loss of taste or smell		
Sore Throat		
Congestion or runny nose		
Nausea, vomiting, or diarrhea		

If you check YES to any of these symptoms, DO NOT report to the work environment. Notify your supervisor that you are experiencing symptoms that are associated with COVID-19 and contact your healthcare provider for guidance.

 *Updated January 23, 2023