



## Stay Ahead of Life's Challenges: Child Care

FamilySource® services from ComPsych® GuidanceResources® can discuss options for childcare and for help locating services that best suit your needs and the needs of your children. Talk to us for:

- In-home care providers
- Day care centers
- Preschools
- After-school activities
- Transportation options
- Local private schools
- Nanny or au pair services
- Or any other aspect of your childcare needs

When you call, a GuidanceConsultant<sup>SM</sup> trained in addressing work-life issues will conduct a professional needs assessment. Our Resource Specialists research all aspects of your request and produce a packet of information saving you the time and hassle of doing the research yourself.

GuidanceResources® updates its centralized resource database regularly with information gathered from family care organizations and other service providers from across the country. Before making referrals, we evaluate each organization to ensure a good match for you and your family based on the specific criteria you have outlined. We also verify contact information, fees and hours of operation so you can have confidence in choosing the provider that best suit your needs.

### Here when you need us.

Call: 844-216-8709

TTY: 800.697.0353

Online: [guidanceresources.com](https://www.guidanceresources.com)

App: GuidanceNow<sup>SM</sup>

Web ID: BCBSMTEAP