

Home Monitoring for Dependent Accountability



In recent years, employees and families have expressed a growing need for support in helping dependents remain both **on track with their recovery** and **accountable to household rules**. Parents are struggling with adolescent challenges and many now have adult children and grandchildren living in their homes.

Evidence consistently shows **treatment outcomes are better** when monitoring is a key component of the recovery process. As a result, State of Montana employees and their households now have access to the **Home Monitoring Program**. The program helps **support families** caring for dependents (adolescents or adults) recovering from substance use diagnoses.

Home Monitoring Services

According to the U.S. Census Bureau, a third of young people, or 24 million of those aged 18 to 34, lived under their parents' roof in 2015.

Of those adult children living at home, one-fourth do not have jobs or go to school.

Almost three million grandparents are raising grandkids in the U.S., and the number is growing fast.

About one in 10 households is experiencing some form of substance abuse, and most often, the entire family suffers.

- A signed agreement between parent/guardian and the dependent
- Recommendations/consultations for parents (may include EAP counseling or community referrals)
- Ongoing management by an Agreement Monitor who notifies parent/guardian of missed check-ins, missed tests, or non-negative tests, as well deviations from other treatment requirements
- Daily toxicology testing check-ins for testing (call to IVR system) required by dependent daily
- Random toxicology testing based in individual needs, including types of testing and frequency
- Regular check-ins with the Agreement Monitor (by phone) for updates on life changes with treatment, family, work, etc.
- Login (online access) and status reporting for parent/guardian
- Optional unknown substance testing available to parent/guardian
- Optional trust/financial assets management (based on existing, tested model)

Program Costs

The Home Monitoring Program is available as an optional benefit through the State of Montana's Employee Assistance Program (EAP).

This is a monitoring and testing program and does not include treatment or cover the cost of any treatment.

Families, or the enrolled dependent, are responsible for the monthly accountability and participation fee and any additional, optional testing fees.

Option A: Accountability/Participation Fee + 2 Random Monthly Tests: \$200 per month

Option B: Accountability/Participation Fee + 3 Random Monthly Tests: \$225 per month

Additional Toxicology Tests (as requested by family): \$25 - \$35 per test
Cost may vary by individual needs/substances.

Optional unknown substance testing: \$225 per test

Mysterious pill, powder, or substance in your home? Find out what it is.

